

# LIVING WILL ADVANCE HEALTH CARE DIRECTIVE

(\_\_\_\_\_)

In the event that the time comes and I am incapacitated to the point that I am no longer able to actively take part in decisions for my own life, and I am unable to direct my healthcare physician as to my own medical care, I hereby authorize this Living Will as my Advance Health Care Directive to stand as a testament of my wishes.

I, \_\_\_\_\_, residing at \_\_\_\_\_, \_\_\_\_\_ in the County of \_\_\_\_\_ in the State of \_\_\_\_\_ in the zip code \_\_\_\_\_ and whose telephone number is \_\_\_\_\_, being of sound mind, and acting willingly and without duress, fraud or undue influence, herein direct that the instructions provided herein are to be recognized as a formal statement of my desires with regards to my health care, custody and medical treatment, and as such I hereby voluntarily declare and make this designation with regards to my Living Will (aka Advance Health Care Directive and/or Health Care Proxy). These instructions and directives shall be binding upon all involved to the fullest extent allowable by law.

## **DESIGNATION OF HEALTH CARE ADVOCATE**

I herein designate \_\_\_\_\_, residing at \_\_\_\_\_, \_\_\_\_\_ and whose telephone number is \_\_\_\_\_, as my advocate and agent to make any and all health care decisions on my behalf should I ever be diagnosed with a terminal illness, disease, injury, or should I become incapacitated or permanently unconscious (in a coma or persistent vegetative condition) where I would remain permanently unable to make decisions.

## **ADVOCATE'S GENERAL POWERS**

My health care advocate or agent shall have the power to make health care, custody and medical treatment decisions on my behalf if my attending and/or primary physician makes the determination that I am unable to make said decisions.

I have specific directives regarding the delivery of medical care in certain health care conditions. Therefore, I wish to direct my medical treatment by way of the following conditions:

## **LIFE-SUSTAINING MEDICAL TREATMENT**

Should any of the aforementioned events occur, I wish to leave the following directives regarding the treatment and procedures which may be used, withheld or withdrawn:

- I wish to \_\_\_\_\_ cardiac resuscitation (CPR) in an attempt to try and prolong my life.
- I wish to \_\_\_\_\_ life-support (e.g., respirators, ventilators) used in an effort to replace or support my natural breathing.

- I wish to \_\_\_\_\_ tube feeding or any other artificial or invasive form of nutrition (food) or hydration (water).
- I wish to \_\_\_\_\_ blood or blood products.
- I wish to \_\_\_\_\_ any form of surgery or invasive diagnostic tests.
- I wish to \_\_\_\_\_ kidney dialysis.
- I wish to \_\_\_\_\_ antibiotics or medication in an attempt to try and prolong my life.

I understand that if I do not specifically indicate my preferences above regarding any of the forms of treatment, I may be subjected to that form of treatment.

### **COMFORT AND PAIN RELIEF**

With regards to the aforementioned medical situations outlined above, I herein provide the following directives pertaining to the comfort care and pain relief:

- I wish to \_\_\_\_\_ maximum pain relief medication.
- I wish to \_\_\_\_\_ maximum pain relief medication if it may unintentionally hasten my death.
- I wish to \_\_\_\_\_ maximum pain relief medication if it may result in temporary addiction should I survive, recover or rebound from my current conditions and/or extended hospital stay.

### **ADVOCATE'S OBLIGATION**

My appointed advocate or agent shall make health care decisions on my behalf in accordance with my other wishes known to my advocate and/or agent. To the extent that my wishes are not known to my advocate or agent, my advocate or agent shall make the necessary health care decisions for me in accordance to what my advocate deems to be in my best interest. In determining those best interests, my advocate shall take into consideration my personal values to the extent known to the advocate.

### **END OF LIFE DECISIONS**

I direct my health care advocate, health care provider and others who may be involved in my health care, to withhold or withdraw treatment in accordance with the choice I have indicated below:

### **DECLARANT STATEMENT AND SIGNATURE**

This instrument shall be governed by the laws of \_\_\_\_\_, and I respectfully request that it be honored in any state in which I may reside at the time that this Living Will shall take effect.

By signing below, I certify that I am fully aware and completely understand the contents of this document, and that I am of sound body and mind. Furthermore, I am of the legal age of consent and not under undue influence, fraud or duress.

**WITNESSES**

This Living Will (aka Advance Health Care Directive and/or Health Care Proxy) must be signed by two adult witnesses that are personally present when I sign this document.

**WITNESS STATEMENT**

I certify that I am of 18 years of age or older and that I know the Declarant personally or have been provided with valid identification to his/her identity and believe him/her to be of sound mind and under no duress, fraud or undue influence. The Declarant has had the opportunity to read this document and has signed or acknowledged his/her signature or mark in my presence.

Under penalty of perjury I declare that I am not related to the Declarant by blood, marriage or adoption, nor am I responsible for his/her medical care or costs. Furthermore, I am not the primary or attending physician or an employee of the physician or other health care provider or current care facility for the Declarant. I also attest that I am not an employee of any life or health insurance provider, nor am I involved with the direct physical care of the Declarant. Further, I have no claim to the Declarant's estate, and to the best of my knowledge, I am not entitled to any part of the Declarant's estate upon his/her death with any will now in existence or by any other process of law.

\_\_\_\_\_  
(Declarant Signature)

\_\_\_\_\_  
(Date)

**1<sup>st</sup> Witness:**

\_\_\_\_\_  
(Witness Signature)

\_\_\_\_\_  
(Date)

**Address:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_, \_\_\_\_\_

**Telephone:**

\_\_\_\_\_  
\_\_\_\_\_

**2<sup>nd</sup> Witness:** \_\_\_\_\_ (Witness Signature) \_\_\_\_\_ (Date)

**Address:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_, \_\_\_\_\_

**Telephone:** \_\_\_\_\_  
\_\_\_\_\_

